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Eco-friendliness sexier than ever before

Wimbledon **Superb match**

LEWIS WYLD/THE ASSOCIATED PRESS

Spain's Rafael Nadal holds his trophy aloft yesterday after defeating Switzerland's Roger Federer in the men's singles final on Centre Court at Wimbledon. The match is being considered the greatest game of tennis ever played. **Story, page 12**

Economy looming over G8

Leaders kick off talks today

Weakened by economic woes and enduring political divisions, leaders of the Group of Eight nations will be more hard-pressed than usual to live up to their avowed commitment to act in the global interest.

Early indications are that Canada, the United States and other G8 countries are shying away from agreements on decisive action on some of today's most pressing problems — improving health in developing nations, aid to Africa, the world food crisis and climate change.

The group, which also includes Britain, France, Germany, Italy, Japan and Russia, is opening a three-day summit on the northern Japanese island of Hokkaido.

Today's talks, which include a meeting with leaders from Nigeria, South Africa and a handful of other African nations, will focus in part on the democratic turmoil in Zimbabwe. Prime Minister Stephen Harper called yesterday for the G8 to issue a strong condemnation of Zimbabwean President Robert Mugabe's recent one-candidate presidential run-off vote.

This year's G8 meeting takes place against a backdrop of punishing global oil prices, turmoil in the international banking and credit sector and the worst overall economic conditions since the 1997-98 Asian financial crisis.

As a result, G8 leaders appear less likely to fulfil earlier commitments of significant increases in financial help for Africa.

On the urgent need to prevent a catastrophe in the developing world caused by skyrocketing food prices, Harper, U.S. President George W. Bush and the other summiteers are expected to issue only a limited response. They may agree to step up support for developing nations to expand agricultural production, but their main response is likely to be only a recognition of the need for more food aid.

"Their credibility is running low because under their tenure not much has happened." Oxfam Canada's Mark Fried

"Their credibility is running low because under their tenure not much has happened" to help developing countries, Mark Fried, advocacy co-ordinator for Oxfam Canada, says of current G8 leaders.

TORSTAR NEWS SERVICE

Drivers running on empty

Tow-truck operators in major urban centres say they've seen an increase in the number of motorists running out of fuel as they gamble with their gas tanks.

As oil prices continue to climb, many drivers are putting less in their tanks with the hope that prices would have dropped by the time they make their next visit to a gas bar.

Joey Gagne, the president of Toronto-based Abrams Towing, says he's seen a 40 per cent jump in daily service calls from motorists who have run out of gas.

"In southern Ontario where we operate, we've noticed about 20 more calls a day than we normally get," he said.

"Normally we get between 30 and 40 gas calls a day and now we're getting 60."

Gagne advises motorists not to take chances if they continue to drive when the red light on the fuel gauge comes on and the needle reads "E" for empty.

"Some vehicles will go 10 kilometres more and some will go 40 kilometres more (before they're out of gas)," he said in an interview. "Every vehicle is different."

He suggests motorists keep their tank at least one-quarter full because it will be costly if one of his tow trucks has to make a gas call.

surging price of gas

The price of fuel in the Toronto area has gone to $1.40 a litre from about 95 cents since last September.

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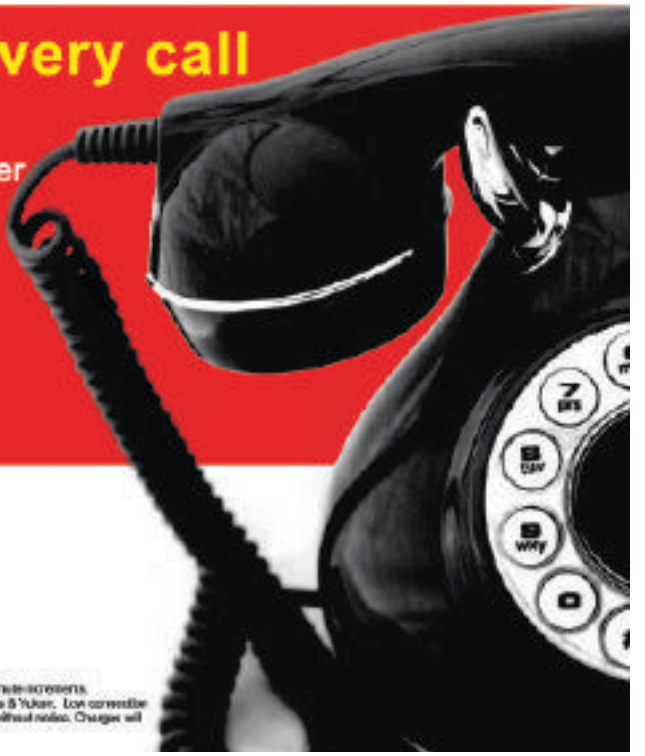

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Cemetery transfer
The Harper cabinet recently approved an order-in-council that removed the final roadblock preventing the transfer of ownership for an 18th-century military cemetery in Victoria Memorial Park to the City of Toronto. THE CANADIAN PRESS

Local

Toronto Zoo

Dinding, left, the third oldest male orangutan in the world, passed away at 50 after undergoing euthanasia at the Toronto Zoo. Dinding, known for his charismatic personality and ability to use a computer and watch TV, is survived by eight offspring.
TORSTAR NEWS SERVICE

Police

Ex-con going home for a visit

RETURN Exactly four years after being hounded out of town and back to prison, Martin Ferrier makes his first visit this week to the area in which he was so loathed and feared as a violent psychopathic sexual menace.

Martin Ferrier

Tomorrow Ferrier returns to Peel Region, something he has wanted to do since his abortive attempt in July 2004. That's when he emerged briefly from prison amid a blast of publicity stoked by local police and his own mother, who had branded him "a monster."

"I've got mixed feelings. I have apprehension about returning," Ferrier said as he drove down from Montreal over the weekend.

Ferrier, 35, was called a sexual deviant with aspirations to become Canada's worst serial killer. True, he did have 64 convictions, though almost all were for petty fraud as a teenager, and he had no history of random violence.

THE CANADIAN PRESS

Health

Institute acquires 'super' computer

RESEARCH The Ontario Cancer Institute has recently acquired a super gadget, the fastest research supercomputer in Canada, in its race against time to decode the mystery of cancer.

The IBM System Cluster 1350 supercomputer will help Canadian scientists to identify the structure of disease-related proteins and develop earlier detection and more efficient treatments of cancer.

"With the arrival of the supercomputer, the analysis of 90 million images of 10,000 proteins will be finished by 2009, five years earlier than the original time," said Dr. Igor Jurisica, who leads a cancer research project at the nonprofit organization.

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AARON VINCENT ELKAIM/TORSTAR NEWS SERVICE

Cyclists ride over a bridge after a lunch stop in Port Credit during the Great Waterfront Trail Adventure ride. The event features 170 cyclists riding from Niagara-on-the-Lake to Quebec.

Serene ride for cyclists

A welcome cool breeze washes over sun-baked arms and knees, pumping up and down with purpose, yes, but not at such a speed that one might miss the view to the right — a cloudless blue sky, met at the horizon by the calm blue of Lake Ontario.

For close to 200 cyclists making the Waterfront Regeneration Trust's inaugural, 680-kilometre Great Waterfront Trail Adventure ride from Niagara-on-the-Lake to the Quebec border, there will be eight days of serene, mind-emptying stretches, plus some city driving, pit stops in many of the 41 communities along the route, nightly camping, and some adult refreshments — for it's not about being first.

Riders range in age from nine to 76 and have varying degrees of touring experience.

Day 3, yesterday, began with a wake-up call at Fort York, in the heart of downtown Toronto and by evening riders had made their way to Darlington Provincial Park. In between, they were treated to a growing system of waterfront trails, local hospitality, food, water and massage stations, and mostly fabulous views. Some riders opted to avoid some city driving in east-end Toronto, unlinked by paths in several places, and took a GO train portage to Pickering.

There, at Petticoat Creek Conservation Area, a distant boat motor droned and birds chirped and whistled, above an ever-present whir of rubber on asphalt.

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Nights in tents

The ride costs about $300 for an adult, plus food costs. A few nights will be spent in dorms but most evenings will be spent in a tent. Support vans ferry gear and supplies. The ride is scheduled to end July 11 along the St. Lawrence River.

Audit takes aim at housing project

Inexperience and lack of supervision caused delays and other problems that more than doubled the cost of a publicly financed apartment building, says a City of Toronto audit report.

"Despite knowing that the group was inexperienced, the city staff provided little guidance to the group on maintaining adequate controls in project management and the hiring of contractors and consultants."
Auditor general Jeffrey Griffiths

The recently completed 48-unit building, on the site of a former fire hall on Finch Avenue West near Weston Road, was to have been finished in mid-2002 for $5.5 million, or $109,000 per unit. Instead, costs ballooned to $12.4 million, or $249,000 per unit.

City council will decide at its July 15 meeting whether to turn the project over to its housing agency, the Toronto Community Housing Corp. The project, under Toronto's "Let's Build" affordable housing program, was awarded to a community group, Ghana Amansie Canadian Non-Profit Homes, that had no experience in developing housing projects and failed to raise its agreed equity contribution of $240,000, says the report, issued by auditor general Jeffrey Griffiths.

The group hired contractors and consultants without competitive bids, the report said, noting the architect and development consultant were married and were in a conflict of interest because the development consultant's duties included monitoring the architect.

The city did not step up its oversight to compensate for the builder's inexperience, says the report, which noted the city has a major financial stake in providing the land, grants and tax and fee breaks. In all, public funds invested in the project exceeded $6 million.

Meanwhile, the "Let's Build" program had only two staff assigned to it, the report indicated.

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Last-ditch appeal for U.S. war resister

Sitting in a rickety white metal chair on a spartan patio outside Grossman's Tavern, Iraq War resister Corey Glass feels strangely at home.

The outdated Kensington-area blues bar is a far stretch from the rural Indiana town he grew up in: Streetcars and traffic clamour up Spadina Avenue.

But for Glass and the other members of the War Resisters Support Campaign, these distractions are easy to overlook. Every Wednesday, their group of 30-or-so former soldiers, friends and allies gather to hold down a historic fort: Have a drink or two at the same bar where American resisters of the Vietnam War hung out nearly 40 years earlier.

Glass is facing deportation. Today he will make a last-ditch appeal to the Federal Court to have his expulsion order put aside. If it's unsuccessful, on Thursday he will become the first Iraq War resister sent home from Canada.

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First wave

Cases like Glass' first came up in the mid-1960s, when the first wave of young American deserters and draft dodgers came north to avoid military service in Vietnam.

Weekend

Seven men sent to hospital

WRAPUP Seven men were sent to hospital on the weekend after a shooting and several stabbings around the city.

Police say a man, 30, was hit in the leg by one of three shots fired on Pharmacy Avenue near Tesdale Place at about 9 p.m. Saturday. At 11:30 p.m., a man was stabbed in the neck on the street at Secord and Palmer avenues. The man, in his 20s, underwent surgery. Police say he is in "very serious" condition.

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R.I.D.E. The Waves

On Saturday, Toronto police launched their annual R.I.D.E. The Waves program, aimed at getting impaired boat drivers off waterways. TORSTAR NEWS SERVICE

Pilot killed in crash

A pilot in his 60s died during a crash landing that engulfed his one-seater homebuilt plane in flames at the Lake Simcoe Regional Airport yesterday.

The man, who was from the Ottawa area, was attempting to land his RV-3 aircraft when it bounced off the runway and burst into flames, said George Silvestri of Barrie OPP.

By the time medics got to the scene, the man was dead. Transport Canada records show the plane, made from a manufacturer's kit, belongs to Bruce MacKinnon of Ottawa.

It was first reported the plane was coming in from Ottawa, but police believe the plane had refuelled at Lake Simcoe before the crash. TORSTAR NEWS SERVICE

Details not confirmed

Witnesses reported the plane bounced and took a nosedive on the runway before landing on a grassy area just beside the airport's only runway. But the Transportation Safety Board has not confirmed these details.

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Injured

Man found laying on roadway

INVESTIGATION After receiving a phone call from a passerby yesterday morning, Toronto police rushed to Silver Star Boulevard where they found a man with serious injuries laying on the roadway.

Police are deeming the incident a hit-and-run. The man was taken to hospital with a broken left leg and serious head injuries, but he is expected to survive.

Police are appealing to anyone who was in the area. TORSTAR NEWS SERVICE

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Canadians go ahead with Great Wall of Kandahar

Called the Great Wall of Kandahar, the Canadian government struck a deal last week with officials at Kandahar University to build a three-kilometre perimeter of stone, brick and iron around the school campus. Construction is slated to begin within weeks. THE CANADIAN PRESS

Canada

Taliban threat downplayed

Increased insurgent activity in Afghanistan over the past month isn't a sign the Taliban is regaining its strength, Canada's top soldier said Saturday. A dramatic prison break in Kandahar and a surge of Taliban activity near the city is a "setback" but it won't be a problem in the long run, according to Gen. Walter Natynczyk, who took over as Chief of Defence Staff this month.

Dion pitches green plan to youths

ENVIRONMENT Still dressed in a style fitting of his stop at the Calgary Stampede, federal Liberal Leader Stéphane Dion pitched his party's environmental plan to a group of green-minded youth in Edmonton yesterday.

Dion wore jeans and a checkered shirt as he spoke to roughly 100 participants at the Canadian Youth Climate Coalition conference at the University of Alberta, where he said Canada could make "megatons" of money selling eco-friendly technologies.

Several participants at the conference suggested his plan doesn't go far enough, but Dion stressed the economy is important, too.

"We need to develop our economy but do it in a sustainable way. This is the challenge. It's much more complicated then to be only a tree-hugger and not care about the economy," Dion told reporters after the event.

Dion told the conference that carbon taxes would be used to promote the eco-friendly technologies by forcing companies to find more efficient methods of operation. He said that would be good news for conference participants, who he said will find a new industry based on green technologies.

Conference organizer Paul Baker said a carbon tax is a start, but won't do the full job. THE CANADIAN PRESS

RICK MADONIK/TORSTAR NEWS SERVICE

Mourners carry the casket to the hearse at the funeral service for Cory Mintz yesterday. Mintz died last week with two other friends when their car went off the road and into a river in Muskoka.

Anger, sadness at friends' funerals

Crash victims remembered as fun-loving

Two families buried their sons yesterday, putting aside for the moment questions of how they came to die in a devastating single-car crash in cottage country Thursday that claimed the lives of three close friends.

Family and friends remembered Kourosh Totonchian, 19, and Cory Mintz, 20, as fun-loving, popular young men who enjoyed their brief lives to the max.

Thousands of mourners paid their respects at separate funerals for the two friends in north Toronto yesterday. Many attended one after the other, a testament to how interwoven the men's lives were.

Sole survivor Nastasia Elzinga, 19, walked with a limp and sported red scrapes on her shoulder as she attended Mintz's funeral yesterday afternoon at Benjamin's Park Memorial Chapel, supported at times by clusters of friends.

Family and friends tried to make sense of their loss.

"We are frustrated, we are angry, we are sad," said Rabbi Michael Dolgin, who led the service for Mintz.

What was supposed to be a Muskoka getaway for the foursome ended in tragedy Thursday evening when their Audi smashed through a guardrail. TORSTAR NEWS SERVICE

third victim

Details of funeral services for Tyler Mulcahy, 20, the third victim, are not yet available.

Kidney donation pleas go online

HEALTH A couple of British Columbians desperate to find kidney donors for their husbands are among a growing number of people looking online for organs.

Jewel Calibaba, of Kamloops, B.C., started a group several months ago on the popular social networking site Facebook in an effort to find a kidney for her husband, Dale.

And Lois Wilson, of Abbotsford, B.C., put an ad on the online classified site Craigslist, looking for another couple to essentially trade an organ: She would donate a kidney to one of the other couple, if one of them donated a kidney that is a match to Wilson's ailing husband, Dave.

Ken Donohue of the B.C. Transplant Society does not have a problem with the swap being proposed by the Wilsons. The method being taken by the Calibabas, however, poses more of a problem.

"I think a lot of clinicians would have issues with somebody making an appeal for a kidney."
Ken Donohue

In Canada, a living donor and the recipient must have a relationship, but there is no way for medical officials to know when a relationship formed, or how.

"From an ethical point of view, I think a lot of clinicians would have some issues with somebody making an appeal for a kidney in the sense that, why is the person donating? Are they really altruistic? Is there something untoward? Is there money changing hands?" Donohue said. THE CANADIAN PRESS

Reserve seeks new school

HEALTH Yvonne DePeel says every available space in the Morley Community School for native students west of Calgary is being used for classrooms, posing the real possibility the school will have to hold classes outdoors in September.

The elementary school on the Stoney Nakoda First Nation is desperate for a new building as the population on the reserve continues to boom, but DePeel says all they get is silence from Ottawa.

DePeel said the federal government's recent apology for residential school abuses is meaningless if the students today on Canada's native reserves can't get a decent education.

"Not only do we have a history of total abuse through the residential school setting, we now are being abused systemically again," he said. TORSTAR NEWS SERVICE

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Hazards Eight chemicals, including Catechol, have been deemed "toxic to human health" by a government program evaluating household products. Until 2007, Catechol was used in hair dyes. THE CANADIAN PRESS

Kingston canine **A dogged effort**

MARK BERGIN/THE CANADIAN PRESS

Luke, a cedar border collie, makes his way through the weave yesterday at the Kingston Agility Dog trials at Lake Ontario Park.

Most guns seized at border not illicit

CANADA-U.S. CROSSINGS Americans cherish their constitutional right to keep and bear arms, even when they come to Canada.

Canada Border Services Agency officers regularly discover smuggled guns destined for the Canadian criminal underworld, but most firearms they turn up belong to otherwise law-abiding Americans, according to agency intelligence summaries.

"Most of the firearms seized by CBSA at the land ports of entry are the personal firearms of legitimate U.S. travellers who neglected — intentionally or not — to declare their personal firearms," says the agency's strategic intelligence analysis division in an undated report covering the period 2004-06.

Crossings into British Columbia account for the largest percentage of all gun seizures.

THE CANADIAN PRESS

Sunken warship survivors reunite

TRAGEDY AT SEA More than 60 years ago, Joseph Wilson was floating in the cold, dark waters of the Atlantic just beyond Halifax harbour, hoping someone would rescue him and his shipmates from the sunken HMCS Esquimalt.

Wilson was a 21-year-old officer on the minesweeper, the last Canadian warship to be sunk during the Second World War.

This week, Halifax is home to a reunion of officers, like Wilson, who were there the day Esquimalt went down.

It was April 16, 1945, and Esquimalt had been torpedoed by a German submarine. Sailors jumped into the frigid swells as the vessel filled with water. After five hours, about two dozen of the Esquimalt's 71 crew members were rescued.

THE CANADIAN PRESS

News in brief

TORY TACTICS Opposition MPs fear the Harper team is preparing to cut off parliamentary business for the summer rather than endure an inquiry into allegations of election spending fraud. After months of delay, the Commons ethics committee is finally scheduled to begin hearings on July 15. But some critics suspect Stephen Harper will prorogue Parliament, a procedural tactic usually employed to wipe the legislative agenda clean and start fresh with a new throne speech. THE CANADIAN PRESS

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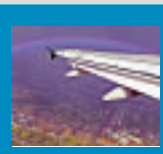
Betancourt for Peace Prize

Chilean President Michelle Bachelet is promising to nominate rescued Colombian hostage Ingrid Betancourt for the Nobel Peace Prize. Betancourt was freed along with 14 other guerrilla-held hostages in a daring jungle rescue on July 2. THE ASSOCIATED PRESS

World



Making a fast exit

Guyanese authorities say a first-class airline passenger was so angry at seeing economy passengers leave a jetliner before him that he yanked open an emergency hatch and slid down the chute. The passenger appeared to be intoxicated after the Delta Airlines flight from New York. The Associated Press

News in brief

ISRAEL BORDER Israel opened its border crossings yesterday with the Gaza Strip after closing them once again because of Palestinian rocket fire. Israel and Gaza militants reached a truce agreement on June 19 when Israel agreed to allow much-needed goods into Gaza.

TURKEY UNREST Two retired generals were jailed in connection with an alleged plot to topple Turkey's Islamic-rooted government. They were among 21 people rounded up in the past week in the investigation into an alleged pro-secular network.

SPITTING CONTEST Brian Krause out-spit his father to claim his seventh win at the International Cherry Pit Spitting Championship in Eau Claire, Mich. Krause's winning spit was 17.25 metres. THE ASSOCIATED PRESS

Bullfights **Party in Pamplona**

VICTOR R. CAIVANO/THE ASSOCIATED PRESS

A reveller jumps from a fountain yesterday during the Chupinazo, the official opening of the San Fermin festival in Pamplona, Spain. The festival attract tens of thousands of people each year for nine days of revelry, bull-runs and bullfights.

Afghanistan orders probe into U.S. missile attacks

Civilians may have been accidentally struck

Afghanistan's president has ordered an investigation into allegations missiles from U.S. helicopters struck civilians, though the Ministry of Defence said yesterday the attack killed or wounded 20 militants.

President Hamid Karzai ordered defence and interior ministries to investigate Friday's attack in eastern Afghanistan.

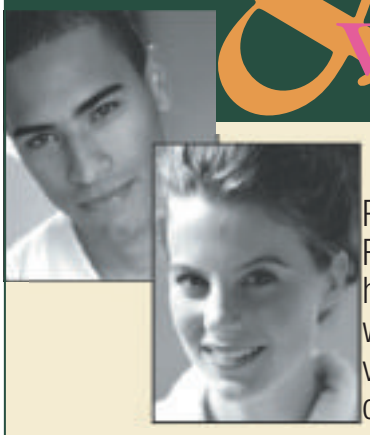
The issue of civilian casualties has caused friction between the Afghan government and U.S. and NATO troops in the past, and has weakened the standing of Western-backed Karzai in the eyes of the people. Karzai has often called for better co-ordination between Afghan and foreign troops in pursuing militants through populated areas. THE ASSOCIATED PRESS

U.K. calls for Zimbabwe sanctions

TOUGH ACTION Britain called yesterday for tough action in the face of Zimbabwean President Robert Mugabe's defiance.

British Foreign Secretary David Miliband urged South Africa and the rest of the international community to "unite behind a tough, strong, clear (UN) Security Council resolution" calling for international sanctions that would require nations to freeze the financial assets of Mugabe and 11 of his officials. THE ASSOCIATED PRESS

men & women



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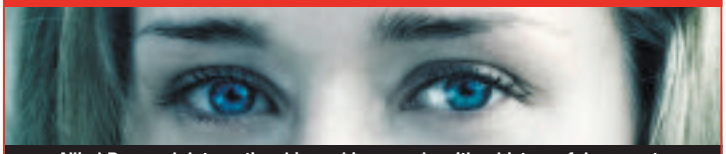

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ARI is a contract research organization dedicated to the advancement of clinical research. We conduct research for both healthy volunteers and those with medical conditions in a safe and friendly environment.

Fighting fires California firefighters got a gift of mild, windless weather yesterday as they tried to protect Santa Barbara County homes from a huge wildfire — one of 300 raging around the state. THE ASSOCIATED PRESS

Parents of stabbing victim appeal to killer

Deaths point to worrying trend in London

The parents of a French student savagely stabbed to death in London called yesterday for his killer or killers to turn themselves in, and urged the British people to help police solve the crime.

Gabriel Ferez and Laurent Bonomo, both 23-year-old graduate students, were bound and stabbed to death at Bonomo's rented apartment June 29.

Bonomo had been stabbed nearly 200 times, Ferez nearly 50 times. Their bodies were then set on fire.

"We will not leave you in peace."
Parents of murdered student, to killer

Ferez's parents, Francoise and Olivier Ferez, said their son's attackers would not be able to hide forever, and called on them to "recognize this terrible mistake you made.

"Rest assured we will not leave you in peace," the couple said in a statement.

The gruesome killings have spurred soul-searching in a city already alarmed by a rising number of knife attacks.

Eighteen teenagers have been violently killed in London this year, compared with 27 in all of 2007. THE ASSOCIATED PRESS

Bush birthday an airborne affair

62 YEARS OLD. Wedged between the U.S.'s Independence Day and a summit of world leaders, President George W. Bush's 62nd birthday got shortchanged.

His advisers tried hard to mark his milestone.

As he flew to Japan, White House press advisers quietly gathered in a darkened conference room aboard Air Force One. A steward stuck a single candle in a coconut cake. Bush and first lady Laura Bush were invited inside.

The staff presented Bush with a wooden box made from a giant oak tree that fell on the White House lawn in 2007 and had been planted by Benjamin Harrison's daughter in 1892.

They filled it with notes and cards from senior staff members. THE ASSOCIATED PRESS

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Bombardier machinists vote for tentative deal

Machinists with Bombardier Inc. voted 82.6 per cent yesterday in favour of a new tentative deal with the company, but it's contingent on the new CSeries regional passenger jets being built in Montreal. THE CANADIAN PRESS

Business

TD Securities takes $96M hit

Toronto-Dominion Bank disclosed Friday a $96-million loss caused by "incorrectly priced" financial investments at its operations in London. TD did not say if the losses were linked to trading mistakes or if any wrongdoing or criminal activity was involved. It said the employee involved at its TD Securities arm "is no longer with the company." THE CANADIAN PRESS

Jobs creation near end?

Most economists predict unemployment rate rising to over 6%

After creating more than 350,000 jobs last year and starting off 2008 on a tear, Canada's amazing job creation streak is expected to grind to a halt when the June numbers come out on Friday and could show the first shrinkage since December's 19,000 blip.

The Bank of Canada business outlook survey today is also widely seen turning sour, or more so than last April's, with firms telling the central bank they are ratcheting down both their investments and hiring intentions.

Canada created 132,000 jobs in the first five months of this year despite the economy contracting 0.3 per cent in the first quarter. In a similar period, the United States, with a 1 per cent gross domestic product growth in the first quarter, lost 438,000 jobs in the first six months.

Most economists see the unemployment rate, which had sunk to a 33-year low of 5.8 per cent in February, rising to 6.2 per cent in Friday's report, and possibly ending the year in the 6.5 per cent range. THE CANADIAN PRESS

Cameco gets Saddam's uranium

NUCLEAR Saskatoon-based Cameco Corp., which acquired 550 tonnes of concentrated natural uranium from Iraq says the U.S. military was behind the secrecy surrounding the transaction. The stockpile has been described as the last major remnant of former Iraqi leader Saddam Hussein's nuclear program.

The shipment worth tens of millions of dollars of "yellowcake," the seed material for higher-grade nuclear enrichment, arrived in Montreal by ship Saturday. THE CANADIAN PRESS

Oil prices won't fall: OPEC chief

DEMAND OPEC chief Chakib Khelil says the world's surging oil prices are not likely to fall. He says strong market demand, especially from China and India, is one reason prices will stay as high as they are.

But Khelil told a conference on energy in Algiers that the steady increases of late have nothing to do with supply and demand.

Khelil blames that on the weak U.S. dollar, the currency that oil is sold in. THE ASSOCIATED PRESS

News in brief

FREED A Canadian businessman who spent 13 years imprisoned in Bulgaria after being convicted of embezzlement was on his way home yesterday. Michael Kapoustin, 55, from the Penticton, B.C., area, was released from prison July 3 but had to wait last week for a new passport. THE CANADIAN PRESS

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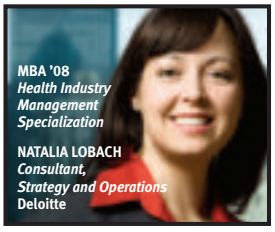

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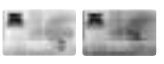

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CFL

Bob Ackles, who started with the B.C. Lions as the team's first water boy and went on to become the CFL team's president and chief executive officer, died suddenly of a heart attack yesterday, the club said in a statement. Ackles was 69. THE CANADIAN PRESS

Sports

Big trade?

The Milwaukee Brewers are extremely close to a deal to acquire Indians ace C.C. Sabathia in a trade that bolsters their rotation for a playoff push, a person with direct knowledge of the deal told The Associated Press.

Nadal stuns Federer

Spaniard ends Swiss star's Wimbledon run

Back and forth they went in the Wimbledon final, Rafael Nadal and Roger Federer, the two greatest tennis players of their generation producing one of the greatest matches of any generation on the sport's grandest stage.

"Rafa's a deserving champion. He just played fantastically."
World No. 1 Roger Federer

For five sets, through rain, wind and descending darkness, the two men swapped spectacular shots, until, against a slate sky, Nadal earned the right to fling his racket aside and collapse on his back, champion of the All England Club at last.

"Is impossible to explain what I felt in that moment, no?" Nadal said after accepting the golden trophy that has belonged to Federer since 2003.

The No. 2-ranked Nadal ended No. 1 Federer's five-title run at the grass-court Grand Slam tournament by the slimmest of margins, 6-4, 6-4, 6-7 (5), 6-7 (8), 9-7, yesterday. Nadal is the first man since Bjorn Borg in 1980 to win Wimbledon and the French Open in the same season.

"Probably my hardest loss, by far," said Federer, who was trying to become the first man to claim six consecutive Wimbledon championships since the 1880s.

Nadal stopped Federer's streaks of 40 victories in a row at Wimbledon, and a record 65 in a row on grass, thereby stamping his supremacy in their rivalry, no matter what the rankings say.

"Look, Rafa's a deserving champion," said Federer, who hadn't lost a set all tournament before yesterday. "He just played fantastically." THE ASSOCIATED PRESS

Sports in brief

MOTORSPORTS Lewis Hamilton won the British Grand Prix for the first time, leading his rain-soaked home race from the fourth lap to take the lead in the Formula One drivers championship. THE ASSOCIATED PRESS

CYCLING Sprint specialist Thor Hushovd won the second stage of the Tour de France yesterday with Alejandro Valverde keeping the overall lead after a windy, rain-soaked ride. THE ASSOCIATED PRESS

SOCCER Edwin Alejandro Borboa Perez scored the game winner as Mexican side Pachuca earned a 4-3 penalty-kick victory over Toronto FC in a friendly on Saturday night. THE CANADIAN PRESS

Garland hits milestone in victory over Blue Jays

MLB Jon Garland pitched a six-hitter for his 100th major league victory, Jeff Mathis tied a career high with three RBIs and Juan Rivera homered to lead the Los Angeles Angels to a 7-1 victory over the Blue Jays yesterday.

Garland struck out three and walked none while reducing his ERA to 3.76.

Rivera, starting in right field for the first time this season, homered in the second inning against Jesse Litsch and helped cut down a runner at the plate in the fourth.

Rod Barajas homered for Toronto with two out in the fifth to end an 0-for-17 drought.

Litsch was charged with six runs and eight hits in 5 1/3 innings. The right-hander is 1-4 with a 5.27 ERA in six starts after going 4-0 with a 2.08 ERA in May. THE ASSOCIATED PRESS

Doc all-star bound

Blue Jays ace Roy Halladay was named Toronto's only all-star representative yesterday, making the team for the fifth time.

SCOREBOARD

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE
L.A. Angels 7 TORONTO 1
Chicago White Sox 4 Oakland 3
Detroit 2 Seattle 1 (15 ings)
Minnesota 4 Cleveland 3
Tampa Bay 9 Kansas City 2
Texas 11 Baltimore 10
Boston at N.Y. Yankees

NATIONAL LEAGUE
Arizona 3 San Diego 2
Atlanta 7 Houston 6 (17 ings)
Chicago Cubs 7 St. Louis 1
Cincinnati 6 Washington 5
Florida 10 Colorado 5
L.A. Dodgers 5 San Francisco 3
Milwaukee 11 Pittsburgh 6
N.Y. Mets 4 Philadelphia 2 (12 ings)

TODAY'S GAMES

AMERICAN LEAGUE
Kansas City at Tampa Bay, 12:40
Minnesota at Boston, 7:05
L.A. Angels at Texas, 8:05
Seattle at Oakland, 10:05

NATIONAL LEAGUE
Houston at Pittsburgh, 7:05
N.Y. Mets at Philadelphia, 7:05
Colorado at Milwaukee, 8:05
Florida at San Diego, 10:05
Atlanta at L.A. Dodgers, 10:10

CFL

WEEK 2

FRIDAY'S RESULTS
Montreal 38 Winnipeg 24
Saskatchewan 26 B.C. 16

THURSDAY'S RESULTS
Hamilton 32 TORONTO 13
Edmonton 34 Calgary 31

SOCCER

GAMES FEATURING TORONTO FC:

SATURDAY'S RESULT
Pachuca 1 TORONTO 1
(Pachuca wins 4-3 on penalty kicks)

WEDNESDAY'S GAME
TORONTO at Vancouver, 10

SATURDAY, JULY 12
TORONTO at Chicago, 8:30

LOTTERIES

Friday, July 4, 2008
Lotto Super 7 7, 16, 32, 39, 41, 44 & 45. Bonus 28.
Ontario Pick-3 0 7 3
Pick-4 9 2 3 5
Encore 1405414
Daily Keno 2, 6, 7, 9, 11, 13, 21, 27, 28, 29, 30, 31, 42, 45, 46, 47, 55, 65, 66, 67.

Saturday, July 5, 2008
Lotto 6/49 2, 7, 8, 32, 43 & 49. Bonus 48.
Ontario 49 1, 5, 21, 22, 36 & 41. Bonus 3.
Lottario 8, 9, 12, 21, 32 & 42. Bonus 45.
Early Bird 16, 22, 28 & 36.
Ontario Pick-3 5 9 0
Pick-4 1 3 3 3
Encore 6011597
Daily Keno 2, 13, 17, 29, 32, 33, 36, 38, 39, 42, 45, 46, 49, 50, 56, 60, 62, 63, 64, 65.

Sunday, July 6, 2008
Ontario Pick 3 4 2 4
Ontario Pick 4 1 3 8 8
Encore 3121464
Daily Keno 6, 7, 20, 26, 29, 35, 39, 40, 50, 51, 52, 58, 59, 60, 61, 63, 64, 65, 66, 68.

Results not official

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Athletics Sprinter Tyson Gay, who pulled up lame in his 200-metre race Saturday at U.S. Olympic trials, has a mild strain in a leg muscle and he has been told to rest for two weeks. THE ASSOCIATED PRESS

Beijing Games

Christopher books ticket to Beijing

ATHLETICS Tyler Christopher raced to a Canadian championship meet record Saturday to officially punch his ticket to the Beijing Olympics.

The world indoor champion from Chilliwack, B.C., ran 45.01 seconds to easily win the men's 400 metres. Christopher, whose Canadian record is 44.44, needed only a top four finish to secure his spot on the Olympic team.

THE CANADIAN PRESS

Tomorrow's lineup

LIFE'S A BEACH. Beach volleyball player Dana Cooke and partner Annie Martin have spent the past month in Europe going from tournament to tournament in an effort to secure a spot in Beijing. Read tomorrow's Metro for more.

31 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

'I am living my dream'

Paralympic athlete Connor prepping for Beijing

ALICIA FOX
for Metro Canada

Fate had seemingly made a wretched decision, but Calgarian paralympic athlete Earle Connor stood up and ran in the other direction — literally — with just one foot.

When he was three months old, Connor's parents had to make a tough decision: Subject their child to surgery every time he grew, or amputate his left leg. Born with a congenital condition that left his leg without a fibula, his parents decided to amputate his leg. The alternative, says the now 31-year-old, would have confined him to a wheelchair. Instead, he took up sports.

"Beyond being an amputee, it was a way to express myself as a child," he said. Now the undefeated champion in the 100-metre dash, Connor will compete in Beijing.

It has been a long road to the Paralympics for him, filled with tough lessons learned as a young athlete.

Another setback had Connor debating the end of his sporting career. In 2004, he failed a drug test because of personal, yet legal, medications he says that as a young man he was too embarrassed to admit he was taking.

"My own downfall is what I created," he said. Due to cancer concerns, a testicle had been removed and the testosterone patch he had been wearing to balance his hormones tipped his levels, weeks before he was to compete.

"I learned a very valuable lesson about taking ownership for who you are," Connor said.

He continues to challenge himself to be healthy and happy, remembering to have fun.

"If you don't have balance, you're really out of whack," he said.

After a two-year hiatus, the athlete, who proudly holds his undefeated streak since 1997, has three main goals.

"First and foremost is to win a gold medal in Beijing," he said. He'd also like to beat his own world record of 12.14 seconds and run the race in under 12.

The last goal looks away from the track.

"(I'd like to) transcend into real life," said the newly married Connor, adding he's excited about the prospect of improving lives by working in the prosthetic industry.

But for now, "I really am totally living my dream," he said.

Paralympic athlete Earle Connor is gearing up for the Games in Beijing.

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Food crisis

The global food crisis will only worsen because of climate change, the United Nations climate chief said Friday, urging leaders of the world's richest countries meeting in Japan this week to set goals to reduce carbon emissions within the next dozen years. THE ASSOCIATED PRESS

Going Green

Washing clothes

Wash your clothes in cold water. Since 80 per cent of the electricity in washing your clothes comes from heating the water, using cold rather than hot water will save you as much as 2,500 kilowatt-hours of power a year — more than twice the average household's monthly energy bill.

SOURCE: THE CANADIAN ENERGY EFFICIENCY CENTRE

Green becoming new black

Companies jumping on the environmentally-friendly bandwagon

EarthTones

Sophia Dore & Andrew Laursen

earthtones.metro@gmail.com

It seems like green is the new black. It's never been sexier being green and the advertising wizards who are always looking to sell sexy have figured this out.

Next time you walk down a city street, take note of how many billboards and posters are advertising their products as "green." The ads we like best are those on power-sucking jumbo screens that light up the night sky with proclamations that their product is environmentally-friendly. The advertisers know you care. They know the environment is important to you. Now they are selling it to you in an over-packaged box.

Aside from some standards that are industry specific, there is little upon which to objectively judge claims of "green." That said, there is also little to refute claims by the company that it is going green. For example, an extraction company may invest a fraction of profits in research on renewable energy, or invest in more efficient infrastructure. While this is a step in the right direction, is this enough for the company to wear the green mantle? According to its advertisement campaign, it makes it a green giant.

Some advertising campaigns are really off the mark in their claims. One automaker is currently promoting a new model as being fuel efficient with flexible fuel technology. Aside from the dubious suggestion that burning ethanol as a fuel additive is green, the fuel efficiency is really not much better than that of sedans built in the late 1970s. We guess it is more efficient than the fleet average, brought down by the proliferation of minivans and SUVs over the past decade, but suggesting a customer can feel virtuous in buying this vehicle is a laugh.

THE DARK KNIGHT
Go to **metronews.ca** and tell us the page you found this on

The trouble for consumers is that it can be difficult to know what to make of the advertising. So as long as a company has a tenuous claim and pays lip service to environmental stewardship, we buy its product and feel good.

To help you sort through some of these claims, there are a variety of websites that list the greenest companies, or those with the most sustainable business practices. The World Economic Forum, for example, puts out an annual list of the 100 most sustainable corporations in the world, with some consumer goods manufacturers, power companies, and banking institutions you will recognize.

The lists vary, again because there are not clearly defined, objective standards that are universally adopted in assessing the "greenness" of companies. However, a perusal of these lists will give you some interesting information on what these companies are doing. Many of these lists are generated by funds managers, for investors who want to invest in green and/or sustainable companies, and so there is at least some objective third-party vetting that you will not get from the companies' promotional campaigns.

Beyond the broader company perspective, it is really up to you, the customer, to compare individual products. Do not just accept claims that this car or that television is an environmentally-friendly choice. How will each perform relative to other available products? Buyer, be aware.

Just what shade of green is that item you are buying?

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University.

Young Canadians examine environmental impacts

There is usually a lot of anger within youth groups when it comes to government, but the chairwoman of the Canadian Youth Climate Coalition conference says there is also a willingness to be open-minded.

Aftab Erfan said that along with the inevitable dissention at a panel discussion on the Alberta oil-sands at the coalition's weekend conference in Edmonton came some surprising cohesiveness when it came to planning for the future.

For example, she was impressed when the panel, which included environmental, community and aboriginal groups, heard from a government official.

"We kind of need a sense of where it is we are going."
Aftab Erfan

"This is actually a reasonable guy and is thinking about some of the same things we are thinking about but is in a system that is not letting things go as quickly as we would like," she said.

"We kind of need a sense of where it is we are going. Otherwise, we could be getting somewhere that we didn't want to go."

The coalition formed three years ago in response to the UN Climate Change Conference in Montreal.

Paul Baker, an organizer for the event, said the youth organizations that would eventually form the coalition felt Canada's stance wasn't strong enough. They were particularly dismayed by Canada's decision not to implement the reductions needed to meet the Kyoto protocol.

THE CANADIAN PRESS

Clouds deliver messages on climate change

Clouds have an enormous influence on our weather and climate. They are the key element of Earth's hydrological cycle, bringing water from the air to the ground and from one region of the globe to another.

Because clouds also have a significant impact on Earth's radiation budget, even small changes in cloud abundance or distribution could alter the climate even more profoundly than the anticipated changes in greenhouse gases, anthropogenic aerosols, or other factors normally associated with global warming.

CloudSat — a NASA-led satellite mission to which Canada is contributing an important scientific component — is the first attempt to study the clouds from space.

The data that scientists will gather will allow them to better understand global changes in climate.

NEWS CANADA

kit

The CloudSat educator kit will provide Canadian educators with a tool to allow their students to immerse themselves in an interdisciplinary excursion to better understand meteorological and climate change while employing the scientific method.

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Niagara College goes Hollywood

Niagara College recently ran a full-page, full-colour newspaper ad that parodies a Hollywood movie poster, complete with review comments like "Over 40,000 successful grads and counting ... there's no stopping them!! ... Rated No. 1 in student satisfaction!" METRO

Workology

'UN-scholarship'

Firkin Group of Pubs, a Canadian neighbourhood pub chain, has launched an online contest to help Ontario PSE students or recent graduates eliminate their loan debt. The company will award five $5,000 "Un-Scholarships" to deserving applicants. METRO

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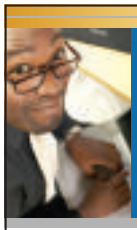

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Reconnecting women

Returning to the workplace can be hard for some

RAFAEL BRUSILOW
for Metro Canada

After a leave of absence, most professional women want to return to work but many find reconnecting to the workplace hard.

A recent study done by The Harvard Business Review and the Centre for Work-Life Policy showed that one in three professional women take a leave of absence at some point in their careers.

While 93 per cent of those women eventually try to return to the workforce, the study found only 74 per cent succeed in doing so, with only a minority (40 per cent) finding full-time work.

Life coach and author Kim Fulcher believes social definitions of what it means to be a modern woman, often created by women themselves, and the time constraints they impose can make women feel powerless and insecure.

"The number one problem I hear from women is, 'I don't have time for X.' You're never going to find the time, you have to make it."

Life Coach Kim Fulcher

"We don't make time for ourselves. We're so busy taking care of all the people in our lives, we become disconnected with who we are and what we want. We're trying so hard to live up to this ideal and guess what? It's not humanly possible. The pressure and expectation on the modern woman is beyond what even Superwoman could accomplish," Fulcher said.

Fulcher offers career advice and life coaching on her site *MyLifeCompass.com* and has appeared on Oprah and other network shows as a career expert. She says professional women trying to juggle university degrees, taking care of the kids, being a wife, leading in their workplace and maintaining a social life need to prune non-essential things from their life to get a better grip.

"The number one problem I hear from women is, 'I don't have time for X.' You're never going to find the time, you have to make it. Start saying No to those things that aren't important to you and all of a sudden you'll have the ability to start saying Yes to the things that are," she said.

Alongside social pressures, the stark realities of a rapidly changing business world can be a big factor in making a woman's return to work after a long absence challenging.

A new program called ReConnect, being launched by the University of Western Ontario's renowned Richard Ivey School of Business, hopes to make returning to the workplace easier for women.

Jacqueline Moss, an executive vice-president with CIBC, hopes the seven-day immersion program, being offered in October, will help women with at least five years of managerial experience get successfully back to work while creating a pool of talented women for companies to hire from.

"What it will do is allow these women to update their knowledge and skills on topics that have changed while they've been out of the workforce and give them confidence," Moss said.

CIBC is helping fund the program and CIBC business leaders will participate directly by sharing their knowledge and experiences with session-goers.

UNBC hits milestone
The University of Northern British Columbia surpassed the $100-million mark in research funding after accruing nearly $17.5 million in the 2007-2008 fiscal year. The total is second to the school's record set in 2005-06, which saw a contribution of almost $19 million. METRO

Career Finder

University pay details released

ONTARIO In the wake of the Hamilton Spectator's successful battle in getting McMaster University to release president Peter George's employment contract, other Ontario universities are following suit in disclosing their presidents' salary details. On its website, the Spectator provides PDFs of the contracts of presidents at Laurier, UGuelph, York, Ryerson and U of T. METRO NEWS SERVICES

OfficeYoga

Will return

OnTheMove

Enza Supermodel
enza.supermodel@metronews.ca

name >> **Cil Godinho**
age >> **42**
occupation >> **Adjudicator**
location >> **Front and University**

Photo by Enza Supermodel

Cil Godinho works as an adjudicator for the Workplace Safety and Insurance Board. He never imagined working for a government organization but it was an entry-level position as an assistant to an adjudicator eighteen years ago that put him in the career. His main specialty is assisting clients from rehabilitation to retraining. His other specialty is playing in the Toronto Spartan Volleyball League and volunteering for various organizations.

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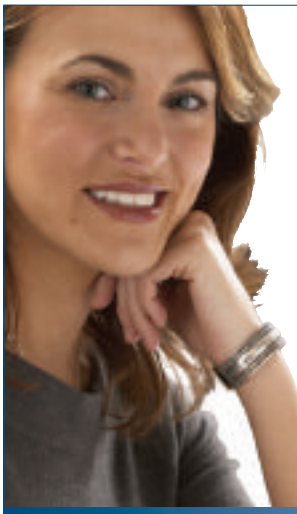
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Crocodile Hunt
Crocodile Dundee star Paul Hogan has challenged Australian tax authorities to track him down in the United States after a newspaper report that he was under investigation for tax evasion. THE ASSOCIATED PRESS

Entertainment

lawsuit
A man has sued Eminem, left, claiming the rapper punched him two years ago while they were in the bathroom of a Detroit strip club.
THE ASSOCIATED PRESS

weekend box office

Hancock is the No. 1 film at the North American box office.

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to Media By Numbers LLC.:

1. **Hancock,** $66 million US
2. **WALL-E,** $33.4 million
3. **Wanted,** $20.6 million
4. **Get Smart,** $11.1 million
5. **Kung Fu Panda,** $7.5 million
6. **The Incredible Hulk,** $5 million
7. **Indiana Jones And The Kingdom of the Crystal Skull,** $3.9 million
8. **Kit Kittredge: An American Girl,** $3.6 million
9. **Sex And The City,** $2.3 million
10. **You Don't Mess With the Zohan,** $2 million

music

Jack White pens Detroit poem

PEOPLE Singer-guitarist Jack White has penned a poem expressing his strong feelings for Detroit to clear up any misconceptions about how the White Stripes front man feels about his hometown.

White said he was frustrated by a sense that his thoughts about the Motor City were misrepresented since he moved to Nashville two years ago.

So, he wrote a poem titled Courageous Dream's Concern that asserts his "feelings about the city itself, and how strong I believe it to be." THE ASSOCIATED PRESS

Escovedo lets loose on Animal

Rocker reflects on personal, public past

BRIAN COULTON
music@metronews.ca

It was January 1978 in San Francisco. Sid Vicious was hopped up on heroin, the Sex Pistols were at popularly unending odds and Johnny Rotten delivered the now infamous punk passage, "Ever get the feeling you've been cheated? Good night."

The scene may have depicted the end of England's punk rock pioneers but it was just the beginning for then unknown Alejandro Escovedo. He played guitar and co-wrote songs for The Nuns, the band that opened at the Pistol's historic final show.

Nowadays, he is more likely to open for the Dave Matthews Band.

"It's a vast chasm of difference," chuckles now solo Escovedo. "It's a grand canyon of difference."

But that was more than 30 years ago and Escovedo says, today, he can objectively acknowledge the spectacle he was a part of. "It was eye opening and at the same time kind of heartbreaking for me. It wasn't a musical venture at that point. It was more about the spectacle of seeing people ... kind of destroy themselves."

Escovedo remarks on this and other defining aspects of his musical life on the heavily autobiographical Real Animal, his 10th full-length album, which will be available in stores across Canada tomorrow. On the record he says he reached back to childhood, singing about his musically formative journey starting in his native San Antonio.

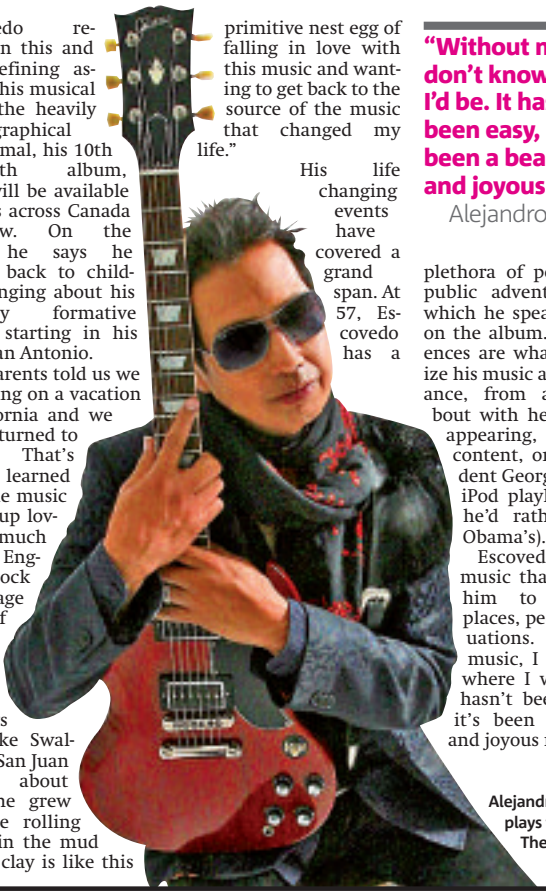
"My parents told us we were going on a vacation to California and we never returned to Texas. That's where I learned about the music I ended up loving so much — the English rock and garage rock of the late '50s and '60s."

He says songs like Swallows Of San Juan talk about where he grew up. "The rolling around in the mud and the clay is like this primitive nest egg of falling in love with this music and wanting to get back to the source of the music that changed my life."

His life changing events have covered a grand span. At 57, Escovedo has a plethora of personal and public adventures about which he speaks candidly on the album. His experiences are what characterize his music and performance, from a near-fatal bout with hepatitis C to appearing, to his discontent, on U.S. President George W. Bush's iPod playlist (he says he'd rather opt for Obama's).

Escovedo says it's music that has taken him to all these places, people and situations. "Without music, I don't know where I would be. It hasn't been easy but it's been a beautiful and joyous ride."

"Without music I don't know where I'd be. It hasn't been easy, but it's been a beautiful and joyous ride."
Alejandro Escovedo



Alejandro Escovedo plays the Mod Club Theatre tonight.
EMI MUSIC PHOTO

Best bets for today's Fringe Festival

RICK MCGINNIS
rick.mcginnis@metronews.ca

1. Die Roten Punkte — SUPER MUSIKANT
When it's been transformed into a German cabaret act, you probably know punk is dead, but it always intended for you to dance on its corpse, so what are you waiting for? 1 p.m., Tarragon Mainspace

2. Perfect Ending
A one-man show that takes a humorous look at the end of everything we know and love. Why? Because you deserve nothing less early on a Monday summer afternoon. 1:30 p.m., St. Vladimir's, 620 Spadina Ave.

3. Greed
It's 1987 and the cutting edge of the seven deadly sins gets a workout with four troubled souls at the end of the decade that called greed good. 4 p.m., Glen Morris Theatre, 4 Glen Morris St.

4. American Squatter
Power point is hell, but Barry Smith redeems it with this show analyzing his progression from suburban kid to drug-addled anarchist punk in Europe. 8:30 p.m., Factory Theatre Mainspace, 125 Bathurst St.

5. 72 Hour Survival Guide
A bird flu pandemic has arrived and your city is about to lock down to weather the storm — a theatrical guide to disease, panic and mass hysteria. 10:30 p.m., Theatre Passe Muraille Mainspace, 16 Ryerson Ave.

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No Purchase Necessary. For full rules visit www.metro.ca. Contest closes July 10, 2008. 1 Prize available to be won consisting of a trip for 4 to Reykjavik, Iceland. Approximate retail value is $4,990 (CDN). Draw will be held on July 17, 2008 in Mississauga, ON. Must be a resident of Canada, (excluding Québec) and be age of majority. Odds of winning depends on the total number of eligible entries received. Correct answer to mathematical skill testing question required.

Bindi Irwin, the Emmy-winning daughter of late Crocodile Hunter Steve Irwin, is getting her own 25-centimetre doll, dressed in khakis and sporting binoculars, a camera and other outback gear, as well as a cockatoo, wombat and python. THE ASSOCIATED PRESS

Paint and paper demystified

A Colin and Justin two-part back-to-basics guide. This week PAINT, next week PAPER!

InteriorDivine

Blimey. How paint has changed. Past tense? Matte, satin or gloss. Present tense? Well, for fear of sending you to sleep, we'll dodge the chemical composition science lesson and veer instead toward basic description.

Undercoat — whether painting wood, drywall, metal or brick, there's an undercoat product to suit it. We know it's tempting to cut corners, but unless the paint you're using is specially designed as an "all in one" (no primer required) then cheating will create poor results. Prepped surfaces last longer.

Latex — the optimum product for wall coverage. Available in every conceivable colour, this water-based medium will wash out easily from brushes and rollers.

Oil based — these products are, as their name suggests, oil based and, as far as we're concerned (with latex paint now so improved) there's little need for them in this day and age. They also tend to be more pungent and you'll need special paint thinner and brush cleaners to tidy up after each job.

Spray paints — available in a range of off-the-shelf colours. Relatively easy to use and, as long as surfaces are smooth and clean, they can achieve a smoother finish than brush applied paint.

Paint finishes

Flat — a perfect no-sheen finish (most commonly associated with latex) that is great on walls. A particular bonus is that this paint will help disguise surface imperfections.

Eggshell — particularly good where high traffic is expected as it's easier to wipe clean. This paint has a discernable sheen but still provides a relatively flat finish.

Satin — great for bathrooms, kitchens and kids rooms due to its wipe clean nature.

Gloss — need we say more? A dated finish that we tend to avoid. Period.

Our Top Tips

- Preparation is key; sand, sand and sand again.
- Limit shiny finishes as reflected light will exacerbate any problems. Opt for matte or flat finish if trying to disguise bumpy areas.
- Don't be shy to ask a million and one questions in store before investing in your paint. The staff, after all, are trained to assist!
- Invest in good quality brushes. If you buy cheap, you'll buy twice. And bristle loss will drive you to distraction! Several light, even coats (with adequate drying time between each) are always better than one sticky heavy coat.
- When painting timber, let your brush follow the grain of the wood to achieve best results.

Colin & Justin's The Home Show airs Tuesdays at 11 p.m. and Saturdays at 4 p.m. ET on HGTV. www.hgtv.ca

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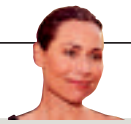

Pregnant actress Minnie Driver, left, plans to stay in America after she has given birth — despite previously saying she would raise her first-born in the U.K. IMBD.COM

Urban's surprise gift

With Nicole Kidman due to give birth in early July, Keith Urban has purchased a surprise present to give to his wife in the delivery room — a $73,000 Cartier Trinity ring, In Touch Weekly reports.

"It's three rings intertwined, so it's very symbolic," the insider says of the popular design, which is set with multi-coloured pavé diamonds and is meant to represent the three stages of a relationship: Yellow gold for friendship, rose gold for love and white gold for fidelity.

"It's three turned into one and that's how it will be with Keith, Nicole and the new baby," notes the insider. Cameron Diaz owns the same ring, as does Katie Holmes, who received hers for Mother's Day. The Trinity ring was created by Cartier in 1924 and is still one of its most recognized designs today.

METRO NEWS SERVICES

GETTY IMAGES

Keith Urban plans to give wife Nicole Kidman a surprise Cartier Trinity ring in the delivery room.

Gillian is a good kisser: Duchovny

FILM Gillian Anderson is a good kisser, according to David Duchovny, *Female-first.co.uk* reports. Duchovny, who played Fox Mulder opposite Anderson's Dana Scully in '90s TV show The X-Files, reprises his role in the new movie The X-Files: I Want To Believe.

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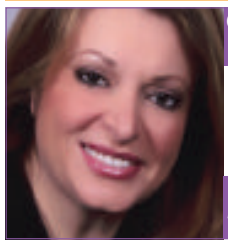

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Canadian acting legend Raymond Burr, right, is being commemorated in the form of a new Canadian postage stamp. The stamp is one in a set of four celebrating Canadian achievement in Hollywood. THE CANADIAN PRESS

South Park strikes again

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

Parker, Stone and their animators go behind the scenes to describe how hard they worked to approximate the craptacular animation style of Major Boobage, their loving tribute to Heavy Metal.

WHY SOUTH PARK IS ESSENTIAL, No. 57: Trey Parker and Matt Stone effectively had the last word on the Hollywood writers' strike earlier this year with Canada On Strike, the South Park episode that earned bonus points for being the latest totally gratuitous shot at this country by the Comedy Central show.

Where we once had to turn to old newsreels and clips of broadcast news shows to evoke and sum up an event in history (FDR declaring war on Japan, Walter Cronkite taking off his glasses after announcing the death of JFK), Canada On Strike will suffice to sum up precisely why the Writers Guild of America strike was an almost completely counterproductive exercise in poor bargaining with scant leverage.

I can't wait to see what they'll do if the Screen Actors Guild goes on strike.

On a more esoteric note, the next episode in the show's 12th season was a parody of Heavy Metal, the 1981 animated feature that still gives off a pungent aroma of bong-water and mildewed rec room for anyone who made the mortal mistake of being "there" when it was released, or during the long dark period when you could rely on finding a VHS copy of the film in any video rental store in the world. (Divining a unifying theme, Heavy Metal was voiced almost entirely by Canadians, including half the cast of SCTV.)

In a series of mini production featurettes on the South Park Studios website, Parker, Stone and their animators go behind the scenes to describe how hard they worked to approximate the craptacular animation style of Major Boobage, their loving tribute to Heavy Metal.

They'll probably end up on the 12th season box set of the show, alongside the predictably risible "bonus features" Stone and Parker include with their DVD sets, so you'd might as well get your DVD burner fired up now.

HURTLING INTO THE 21st CENTURY, ONE WEBSITE AT A TIME: In further writers' strike fallout, a website was launched last week to showcase the work of writers affected by the WGA strike, with the solemn promise that whatever profits they realize — we're talking about the Internet here, people — will go to the Actors Fund, which was set up to compensate crew members unemployed by the strike.

Strike.tv was launched on the 4th of July with a teaser trailer promising work by writers from a dizzying array of shows, peppered by appearances by actual name actors — I was able to spot Kelly from The Office, two former James Bonds and Bob Newhart.

Precisely how *Strike.tv* intends to make money remains to be seen — will it be selling ads, or will the site take a cut of the money if one of the shows gets bought or optioned for movies or TV?

In any case, it seems a classic example of Hollywood backing into the future once again — possibly stumbling into the new business model it sorely needs without any idea of how exactly it got there.

Rick McGinnis writes about music, movies, books and television, but not opera.

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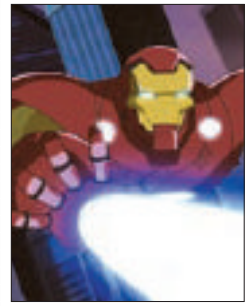
primetime 7/7/08	265	353	2	TVO	Evacuation	The Museum	The Agenda With Steve Paikin		Midsomer Murders		Monarchy		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Bones (HDTV PA)		House (HDTV PA)		Risk Takers		News (N)
	215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Coronation St.	Countdown to	How Do-Maria	City Chase (N)	The Border (DVS)		CBC News: The National		Stampede
	214	344	7	CITY	American Gladiators (N)		The Bachelorette (Season Finale) (N)				The Bachelorette (N)		News (N)
	212	313	8	CTV	eTalk	Degrassi: Next	Corner Gas	Robson Arms	Canadian Idol (Live)		CSI: Miami "Burned"		News (N)
	218	345	11	CH	The Insider (N)	E! News	My Boys	How I Met	Nashville Star (Live)		X-Weighted (N)		News (N)
	137	763	13	TFO	Panorama été	Les Gens de...	Super plantes		Cet obscur objet du désir ★★★ (1977, Drame)				Insectia (SC)
	-	-	14	-	Law & Order: SVU		News (N)		News (N)		King	King	Tiger!
	213	326	15	SUN	Scrubs	George Lopez	On the Run "Scotscam"		One Tree Hill (HDTV)		Dateline NBC (N)		Grill Rm.
	-	387	16	CBS	Inside Edition	Hollywood	Big Bang Th	How I Met	Two/Half Men	Big Bang Th	CSI: Miami "Burned"		News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	American Gladiators (N)		Nashville Star (Live)		Dateline NBC (N)		News (N)
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelorette (Season Finale) (N)				The Bachelorette (N)		News
	219	346	20	ACH-B	Wheel-Fortune	Jeopardy! (N)	Big Bang Th	30 Rock	Two/Half Men	Big Bang Th	Curveball: W.P. Kinsella		News (N)
	-	-	28	FOX	Judge Judy	Two/Half Men	Bones (HDTV PA)		House (HDTV PA)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Time Goes By	Antiques Roadshow		History Detectives (N)		The War of the World (N)		Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	Gossip Girl "Hi, Society"		One Tree Hill (HDTV)		CW11 News at Ten		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil		News (N)	Jeopardy!	Frasier	Frasier	Cheers
	298	653	332	TLA	Reba	Reba	My Wife-Kids	According-Jim	Family Guy	Family Guy	Two/Half Men	Two/Half Men	Gossip Girl
news	502	390	26	NW	News (N)	Countdown to	The Hour (N)		CBC News: The National		Mad About English (N)		National
	500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Kudlow & Company		The Suze Orman Show		Big Mac: Inside McDonald's		The Big Idea With Deutsch		Mad Money
sports	405	417	22	net	MLB Baseball Minnesota Twins at Boston Red Sox. From Fenway Park in Boston.						Sportsnet Connected		Sportsnet Con.
	400	400	30	TSN	Billiards 2007 Mosconi Cup.		PartyPoker.net Women's World Open				SportsCentre (HDTV) (Live)		
	411	457	58	OLN	Departures "Canada"		Cycling Tour de France Stage 3. From Saint-Malo to Nantes, France. (N)						Departures
	417	406	81	SC	Pinks	Pass Time	This Week in NASCAR (N)		101 Cars-Drive	Car Crazy	Barrett-Jackson		Pinks (HDTV)
family	551	542	25	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach "Vigil"		Mystery Hnt.
	554	544	45	TEL	George-Jungle	Merrie Melody	Loonatics	Sixteen	Total Drama	Futurama	Ultimate Avengers: The Movie (2006, Action)		
	556	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	How Clean	House	Confidential	Divine Design	How Clean	Kim	House
	570	580	29	MM	America's Best Dance Crew			Instant Star	MuchNews	The NewMusic	PunchMuch		MuchTopTens
	615	520	31	A&E	CSI: Miami (HDTV)		Intervention "Chad"		Intervention "Charles"		Psychic Kids: Paranormal		Paranormal
	700	800	35	TLN	Centrovetrine	Sky TG 24	Magnifica Italia	Magnifica Italia	Il Segreto di Grande Ourse		The Sopranos (SS)		Raymond
	571	581	36	MMM	mmmtop	NoseDive	Tip of Tongue	Tip of Tongue	Listed		I Know My Kid's a Star		Popaganda
	575	583	38	CMT	Totally "2002"		Hottest Men of Country		Reba	Hope & Faith	Home Improve.	Roseanne	Dedicated
	616	521	39	SHO	ReGenesis "Faint Hope"		Cold Squad		Trailer Park	Billable Hours	Damages (HDTV)		House
	620	523	40	BVO	Cirque du Soleil's Solstrom		The Fiddle and the Drum		Grasslands-Heaven		Decoding the Undertow		Law & Order
	601	562	41	SLC	End of Leash	Til Debt-Part	End of Leash	Spoiled Rotten	Wedding SOS	Party Mamas	The Millionaire Matchmaker		End of Leash
	522	506	43	HIS	NCIS "The Meat Puzzle"		Dogfights		Thirteen Days ★★★ (2000, Historical Drama) Kevin Costner.				
	625	548	44	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Jon Dore Show	Tom Green	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Design U	Home to Stay	Property Virgin	House Hunters	Location, Location, Location		Holmes-Homes
	294	529	47	TBS	Family Guy	Family Guy	Friends	Friends	Blade: Trinity ★★ (2004, Horror) Wesley Snipes.				Seinfeld
	576	582	49	BET	106 & Park	Baby Boy ★★★ (2001, Drama) Tyrese Gibson, Omar Gooding.					Comicview		The Boot
	627	528	50	SPC	Stargate SG-1		Star Trek: Voyager		Taken "High Hopes" (Part 3 of 10) (DVS)				Stargate SG-1
	581	566	52	MTV	MTV e2	Cribs	4REAL	Next	Fat Camp Healthy lifestyle.				MTV Live
	618	524	54	TROP	Deal or No Deal Canada		ET Canada	What Happen?	X-Weighted "Jeremy"		Are You Smarter		Deal-No Deal
	603	561	56	FOOD	Road Grill	Licence to Grill	Restaurant Makeover		Good Eats	Perfection	Kitchen Nightmares		Restaurant
	261	394	60	V	Murder, She Wrote		Prime Minister	Wait for God	McLeod's Daughters (N)		Divine Restor.	Recreat. Eden	Doc
	621	527	63	STR	Look-A-Like	Hollywood	TMZ (N)	eTalk	Scott Baio 46	Hey Paula	The Tonight Show-Jay Leno		eTalk
	553	546	65	TRE	Wonder Pets	Nght Grdn	The Wiggles	Franklin	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears
	115	711	101	TVA	Qui perd gagne (SC)		Laura Cadieux	Histoires-filles	Monk (HDTV) (SC)		TVA 22 heures	Juste pour rire	Sucré-salé
	126	730	102	RDI	RDI en direct	400 fois Qué	Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	526	507	249	CLT	The West Wing "Gaza"		For King and Empire		Decoding the Past		Traders		The West Wing
	300	601	301	M1	(6:15) Eye of the Beast		Stargate Atlantis		Californication	Californication	Penn & Teller	This Am. Life	The Business
	305	612	306	PIX	Chain Reaction	(7:20) Scream of Stone (1991, Drama)			Repulsion ★★★★ (1965, Horror) Catherine Deneuve.				Danger Zone

critics' corner

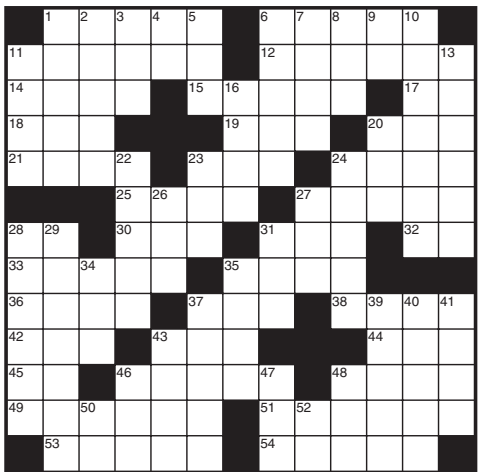
Ultimate Avengers: The Movie
Marvel superheroes come together in this 2006 video offering. Lost during the Second World War, Captain America is returned to life and hero status in the present day. His job is to lead others in a battle to save the world. Additional familiar characters include ale-swilling Thor, scientist Bruce Banner, leader Nick Fury and ubersoldier Black Widow. How can you not get excited over that? 10 PM on TEL



The Bachelorette
Eat your heart out, Brad. Told "thanks, but no thanks" in an 11th-hour surprise by Brad Womack on "The Bachelor," DeAnna Pappas got to call the shots on this season of its sister series, enjoying the attentions of an assortment of suitors. In the two-hour season finale, she reveals which of the remaining gentlemen she's chosen. Chris Harrison hosts. 8 PM on ABC CITY

Jackass star Steve-o has been transferred from a rehabilitation centre into a psychiatric hospital. The troubled stuntman — real name Stephen Glover — had enrolled in a narcotics program to treat his drug addictions, but after allegedly getting clean, he has been moved to the secure mental ward at Los Angeles' Cedars-Sinai Hospital. IMDB.COM

Take Five



Crossword across

1 Cooks in oil
6 Less civil
11 Chocolate dessert
12 Habituated
14 Prima donna's tune
15 Where's —?
17 Green-toned sloth
18 Late evening
19 "Alice" waitress
20 Dogma
21 Latin I verb
23 Is in possession of
24 Electron's hangout
25 Love god
27 Jet
28 Pleased sigh
30 Old pro
31 Skim milk's lack
32 Nebr. neighbor
33 Typed in
35 Fast-food drink
36 Spring bloom
37 Crowd
38 Deep red
42 Clean the floor
43 Pasture sound
44 Potpie veggie
45 Two, in combos
46 Makes void
48 Glance furtively
49 Beyond ordinary knowledge
51 FBI members
53 Decaf brand
54 Bodies of water

Crossword down

1 Links warnings
2 Ghost towns
3 My mind — — blank
4 Einsteinium symbol
5 Use a Singer
6 Valleys on the Moon
7 Disentangle
8 Laurel and Hardy
9 Speaker's pause
10 Thinks in a logical manner
11 Jane, to Tarzan
13 Lowered the lights
16 Nowhere near
20 Give — — try
22 Where icicles hang
23 Carrying current
24 Wedding site
26 Avg. size
27 Chum
28 With hands on hips
29 Brave deeds
31 Watch chain
34 Puppy noise
35 Glowing ember
37 Island nation
39 Overturn
40 Purple vegetables
41 Ties up the phone
43 Magnitude
46 Sister
47 Syrup base
48 Ink's partner
50 West Coast st.
52 Depart

950,000
Metro readers do it daily!
metro
Do it daily.
SOURCE: NADbank 2007, read yesterday; BASE: Montreal CMA, Ottawa-Gatineau CMA, Toronto CMA, Vancouver CMA

previous day's answer

A	L	P		D	O	S	E		O	B	I	E
B	A	R		W	H	E	W		R	A	N	G
E	C	O		A	S	C	E	N	D	I	N	G
L	E	V	E	R				E	E	L	S	
			O	F	F		B	E	A			
O	A	F	S		A	M	I		L	E	T	S
A	W	L			I	O	N			B	O	A
K	E	Y	S		R	E	D		I	B	E	X
			I	V	Y		S	O	D			
		P	A	G	E			R	A	F	T	S
D	U	C	H	E	S	S	E	S		L	I	P
E	M	I	T		A	R	L	O		A	N	A
W	A	D	S		L	I	M	N		P	E	R

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Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
When you're given inspiration — grab it. Broken glass will be hazardous. Happiness is knowing when to stop doing something.

TAURUS
APRIL 21-MAY 21
Don't try to clear the air if there's a resistance to truth. It's a super day for a romantic fantasy. Figures lie and liars figure.

GEMINI
MAY 22-JUNE 21
A tolerant person will agree to make changes. Upsetting notes will be intercepted. Procedures have priority over relationships.

CANCER
JUNE 22-JULY 22
Be cautious while travelling. A friend shows a remarkable lack of concern. If your energy level flags, ask for help.

LEO
JULY 23-AUG 23
An opinionated person changes your mind. A friendship may be damaged by amusement. Don't borrow from someone you don't like.

VIRGO
AUG 24-SEPT 22
Don't make light of a serious problem. Damage becomes the topic of a discussion. Fear will interfere with getting support.

LIBRA
SEPT 23-OCT 23
A baby will be a conversation piece. Avoid answering a skill-testing question. You'll perform random acts of kindness.

SCORPIO
OCT 24- NOV 22
A conversation will be seductive. Write about one of your haunting experiences. A tyrant is on the endangered list.

SAGITTARIUS
NOV 23- DEC 21
You'll conduct yourself with dignity. A meeting alters your perspective. Co-workers will complain about faulty management.

CAPRICORN
DEC 22-JAN 20
Love letters will get lost. News from distance is baffling. Your feelings are a bit too obvious today.

AQUARIUS
JAN 21-FEB 18
No time is found for the impractical. Take control of your destiny. A companion will have a replacement for you.

PISCES
FEB 19-MAR 20
A sweet youngster plays it as it comes. Don't take someone's bad manners personally. You'll finally be able to move on.

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		9				2		
		8	1		9	5		
2				6				4
	1	7	5		2	3	4	
	9	4	7		8	6	5	
1				3				6
		3	6		4	9		
		6				8		

Sudoku

INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

5	6	7	1	3	9	4	8	2
8	2	3	4	7	6	9	5	1
1	9	4	5	8	2	6	3	7
2	3	5	9	4	1	8	7	6
7	4	1	6	5	8	2	9	3
6	8	9	7	2	3	5	1	4
3	7	8	2	6	5	1	4	9
4	1	6	8	9	7	3	2	5
9	5	2	3	1	4	7	6	8

SOLVE TIME IN MINUTES:
Under 13 . . . . . Genius
13-17 . . . . . Scholar
17-21 . . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practising

Toronto weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Tuesday	Wednesday	Thursday
Partly cloudy. 30°	Partly cloudy. 21°	70% Showers. 29°/18°	Variable. 26°/14°	Partly cloudy. 23°/14°

Temperature
Normals
High: 26.7°
Low: 13.8°

Records
High: 37.6°/1988
Low: 7.8°/1942

Sunrise: 5:44 a.m.
Sunset: 9:01 p.m.
Moonrise: 11:06 a.m.
Moonset: 11:41 p.m.

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The Weather Network

Transformers star Megan Fox has reportedly called off her engagement to actor fiance Brian Austin Green. Sources claim the pretty brunette, 22, sent business associates correspondence last week alerting them to the sad news. IMDB.COM

Celebrity Buzz

Madonna and Ritchie have dinner date

MARRIAGE Madonna and husband Guy Ritchie have put on a show of unity with a rare public appearance together in New York, *imdb.com* reports.

The couple enjoyed a romantic meal at an Italian restaurant — just hours after Madonna's publicist Liz Rosenberg issued a statement denying the pair is set to divorce.

Madonna and Ritchie were snapped heading into an exclusive restaurant hand in hand on Tuesday evening. A source tells *People.com*, "(They looked) like a normal couple that just wanted to have a nice dinner out.

"They looked very unassuming, not like they were looking for attention." Another onlooker tells the website, "Everyone was whispering and saying, 'Wow, that was Madonna. She is supposed to be separating from her husband. I can't believe she is here.'"

METRO NEWS SERVICES

Klum snubs plastic surgery

STATEMENT Heidi Klum would rather look like a "dinosaur" than have plastic surgery, *femalefirst.co.uk* reports.

The 34-year-old model and TV presenter — who is married to British singer Seal — would never resort to going under the knife to maintain her looks.

She said: "I see that I've aged already. When I look at pictures now and when I see old pictures of me, of course I see I have aged. I don't think I would have plastic surgery.

"I'll be the only dinosaur in town, the only one that can actually move her forehead!"

METRO NEWS SERVICES

celebrity brief

Married life with Mariah 'amazing'

MARRIAGE Rapper/actor Nick Cannon has laughed off rumours his marriage to Mariah Carey is on the rocks, insisting they couldn't be happier, *imdb.com* reports.

He tells *People.com*, "Marriage is amazing. It's the best thing that ever happened to me."

METRO NEWS SERVICES

Diaz's boyfriend moving in?

ROMANCE Although Cameron Diaz has only been dating model Paul Sculfor for a month, he's already staying with her, In Touch Weekly reports. "Cameron and Paul have been spending every night together," an insider tells the magazine, noting that Paul's main residence is in his native England. "He doesn't have a house in L.A. and Cameron doesn't mind him staying with her."

METRO NEWS SERVICES

Actor denying affair with Sienna

PEOPLE The married man accused of having an affair with Sienna Miller has denied reports he is romantically involved with the British actress who recently split from her fiance, *imdb.com* reports.

Balthazar Getty, who is married with four children, has refuted allegations he is involved with Miller, saying, "It's not true. No truth to any of that."

METRO NEWS SERVICES

celebrity brief

Kate, Lance go out with mom

COUPLE Kate Hudson and Lance Armstrong have been spotted enjoying a meal with the actress' mum Goldie Hawn, further fuelling rumours they are an item, *imdb.com* reports.

The alleged couple was seen eating a late lunch with Hudson's Hollywood veteran mother Hawn at the Ivy restaurant in Santa Monica, Calif., on Tuesday. They were snapped laughing and joking as they dined outside on the restaurant's patio area, according to *People.com*.

Hudson and Armstrong have been romantically linked since they were spotted kissing and cuddling during a party at the Cannes International Film Festival in France in May. But they have refused to speak publicly about their romance.

METRO NEWS SERVICES

Law linked to young model

ROMANCE Actor Jude Law is reportedly romancing British model Lily Cole — who is 15 years his junior, *imdb.com* reports.

The Alfie star, 35, has previously been romantically linked to rocker Rod Stewart's daughter Kimberly, but has been spotted with red-haired catwalk beauty Cole in recent weeks.

METRO NEWS SERVICES

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